



March 2023

# Naenae College

He rea here a ngā  
raumānuka e kore  
whawhati

Bind the multitudes of  
mānuka together and  
never be broken

## Principal's Message

Kia ora e te Whānau.

My thanks to those that attended last night's talk from Rob Cope on Cyber Safety and keeping our kids safe online. The Kāhui Ako was thrilled to have approximately 250 parents and caregivers turn up to engage with this kaupapa.

What I took away from the evening as a parent was my need to be engaging with the online activities of my children. To be talking to them about their online experiences that when we look at the statistics are likely to involve some very unsafe and predatory behaviours. It also reminded me that adolescent brains need our support, guidance, and boundaries when it comes to the perils of social media, online behaviour, and things like the proliferation of pornography and harmful internet content. The challenge is to disconnect to reconnect with our children so that as parents we can assist in keeping them safe.

Free dental care! Yes, we are about to have the Dental Clinic bus return to Naenae College - probably early next term. This is a wonderful opportunity for students and families, that's right, AND FAMILIES, to access dental care. For those meeting the criteria, this will be free. Dental health is such an important aspect of overall well-being and so important for ongoing health that I urge you to keep an eye on this opportunity.

Violence and drug use have been in the media recently and we are not immune from it. In our post-COVID environment, we especially need to exercise our value of manaakitanga when feelings of frustration develop. We want our community to be free of verbal and physical violence and have good support for those feeling overwhelmed. Emotional regulation is a vital skill to develop.

I remind you that next week we have Academic Conferencing and a PPTA strike day on Thursday. While the school will be open for instruction, our Special Needs Unit will be closed and only a handful of staff will be on-site to supervise any students who do attend. I know this disruption is inconvenient but I support a better outcome for teacher pay and conditions negotiation. Great teachers do vital work here at Naenae College and are the key to the success of our rangatahi.

Next week will also see the start of building developments for the College so there will be some changes to where the Administration team is and we will keep you informed.

Ngā mihi manaaki  
Nic Richards, Principal

## WHAT'S COMING UP:

*Find out what's happening through  
our website:*

*[www.naenae-college.school.nz](http://www.naenae-college.school.nz)  
or our Facebook page or Instagram*

### **Whakatauki:**

*Iti rearea, kahikatea tei tei, ka taea*

*Even the small rearea bird can ascend to  
the great heights of the  
Kahikatea tree*

### **General Enquiries:**

Email: [admin@naenae-college.school.nz](mailto:admin@naenae-college.school.nz)  
or ring us 04 567 7175 during office  
hours. We are happy to help you.

Absent from school or running late?  
Email: [Absent@nnc.school.nz](mailto:Absent@nnc.school.nz)

# **MOBILE DENTAL CLINIC RETURNS IN TERM 2**

Dear Parents /Caregivers,

We are the Capital Dental Mobile clinic. We will be at Naenae College during term 2; providing free basic dental care under the Ministry of Health Service Agreement for school students below 18 years of age. If you would like your child to be seen by Capital Dental Mobile Clinic. Simply click this link <https://www.dentistwellington.co.nz/form/patient-medical-history> and you will be directed to our website and please choose MOBILE on the preferred practice. (Please note that this website is completely secure and your information will remain confidential.).

Feel free to contact us if you have any questions or concerns about the above.

02102974020 / [mobile@capitaldental.co.nz](mailto:mobile@capitaldental.co.nz)

Kind regards,

Capital Dental Mobile Clinic Team

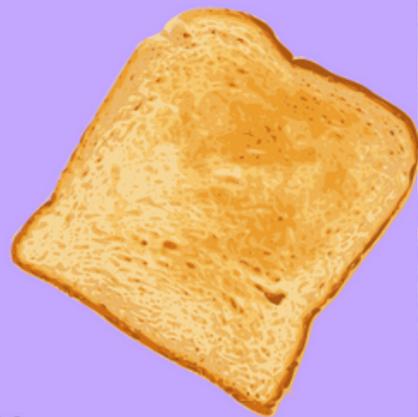


# NNC FREE BREAKFAST CLUB!

**OUR MENTORS ARE  
RUNNING THE FREE  
BREAKFAST CLUB IN  
2023!**

*Everyone is welcome to come to the student kitchen to have some Weetbix and Toast before class.*

***Open each day 8am until 8.30am.  
Later on Thursday.  
See you there!***



# NATIONAL YOUTH TOUCH RUGBY CHAMPS

Isaac Tua, Hannah Smith, Kobe Smith, Kayleigh Cronje', Tamarau Nohotima and Waiari Nohotima are members of the U16 Wellington Mixed Touch Team. They have worked hard fundraising, training and weekend camps to prepare for National Youth Touch Championships held in Christchurch 10-12 February, playing against Nelson and Counties Mnaukau. They arrived and word from management is "Kids are super excited"

Well done to our athletes, Hoani, Norah, Te Tau Hou, and Zinh Yee. Kia kaha, kia manawanui!!





# AUTUMN

## Fun Holiday Adventures (Open: 7am and Close 6pm)

### **STANDARD FEES**

\$328.16 per cub/wk or \$557.87 for two siblings/wk  
\$82.04 per cub/day or \$139.47 for two siblings/day

### **EARLY BIRD ENROLMENT DISCOUNT**

Only \$278.94 per cub/wk or \$474.19 for two siblings/wk  
Only \$69.73 per cub/day or \$118.55 for two siblings/day if enrolled and paid by 1st March 2023

**Payment Deadline: 10th April 2023**

Additional siblings will incur further charges, please see website for further pricing.

### **WHEN**

10th - 21st April 2023  
Enrol by 3rd April 2023

### **WHERE**

Dyer Street School Hall  
9 Dyer Street, Epuni,  
Lower Hutt

### **WHAT TO BRING**

Jacket, spare clothes, sun hat and water bottle

Limited spaces, enrol now at [www.pridelands.co.nz](http://www.pridelands.co.nz)  
T's & C's applies

## WEEK 1

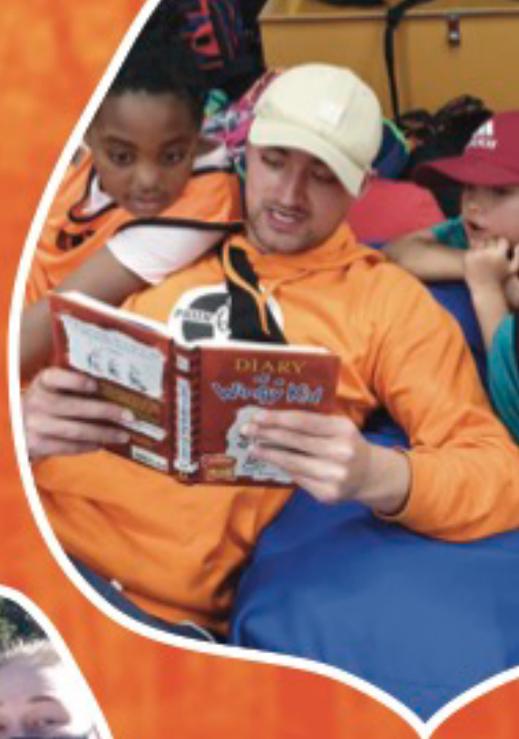
Mon 10th April  
Public Holiday  
Happy Easter Monday

Tue 11th April  
Challenge Day:  
A day of Interactive Fun and Activities.  
Overnight Sleepover (Optional & Booking Required for this activity):  
Camp with your friends and enjoy a variety of night activities.

Wed 12th April  
Trip Day: Wicked Wednesday  
YOU CHOOSE, WE GO!

Thur 13th April  
APR COMMUNITY ARTS  
Building Where You Belong.

Fri 14th April  
Pride Lands Cultural Day  
Celebrations  
Dress up. Eat up. All things cultural.



## WEEK 2

Mon 17th April  
Science Project  
Learn some amazing tricks in science.

Tue 18th April  
Changing The Game  
A series of challenging events.

Wed 19th April  
Trip Day: PRIDE LANDS COMMUNITY CHALLENGE: Do something selfless for your chosen community.

Thur 20th April  
Thank You Gifts  
Creating Art to say: 'Thank You' to those we love.

Fri 21st April  
Last Supper: Relax and enjoy a shared lunch with the Pride!  
Pride Fair: Turning junk into another person's treasure.

**15% Off for Wild Card holders**

# **NNC MAKES CRICKET COME BACK!**

Following an 8-year hiatus Naenae returned to the pitch to play St Pats. Silverstream in the T-20 grade. Highlights from the game - Daviam and Tyrus bowled 3 out, James and Tyrus retired on 25 and we didn't get bowled out!

Thanks to team organizers and Yr13 students Patrick and Daviam . Also, Heather Macmillan, Mr Eade, Mr Turi and Mr K showing out to support the team.

Thanks to Patrick's dad for donation of cricket pads and gloves. We are also on the look out for white pants. Please email the sports office [sport@naenae-college.school.nz](mailto:sport@naenae-college.school.nz)



# CARE

the Children's Anti-inflammatory RELiever Study



## CHILDREN'S ASTHMA STUDY CAN YOU HELP?

We are looking for children with asthma to take part in a study comparing two different asthma inhalers **To take part in this study you must:**

- Have been diagnosed with asthma by a doctor
- Be aged between 5 and 15 years
- Only use a reliever inhaler

**For more information, contact:**

- Email:** [care@mrinz.ac.nz](mailto:care@mrinz.ac.nz)
- Phone:** 027 327 1191 / 04 805 0201
- Web:** [mrinz.ac.nz/currently-recruiting/care-study](http://mrinz.ac.nz/currently-recruiting/care-study)

What does it involve?

-  
1 year

-  
3 In person or Zoom visits +  
2 phone calls

-  
Inhalers provided free of charge

-  
Asthma education

-  
Reimbursement for data expenses



SCAN ME

**hrc**nz



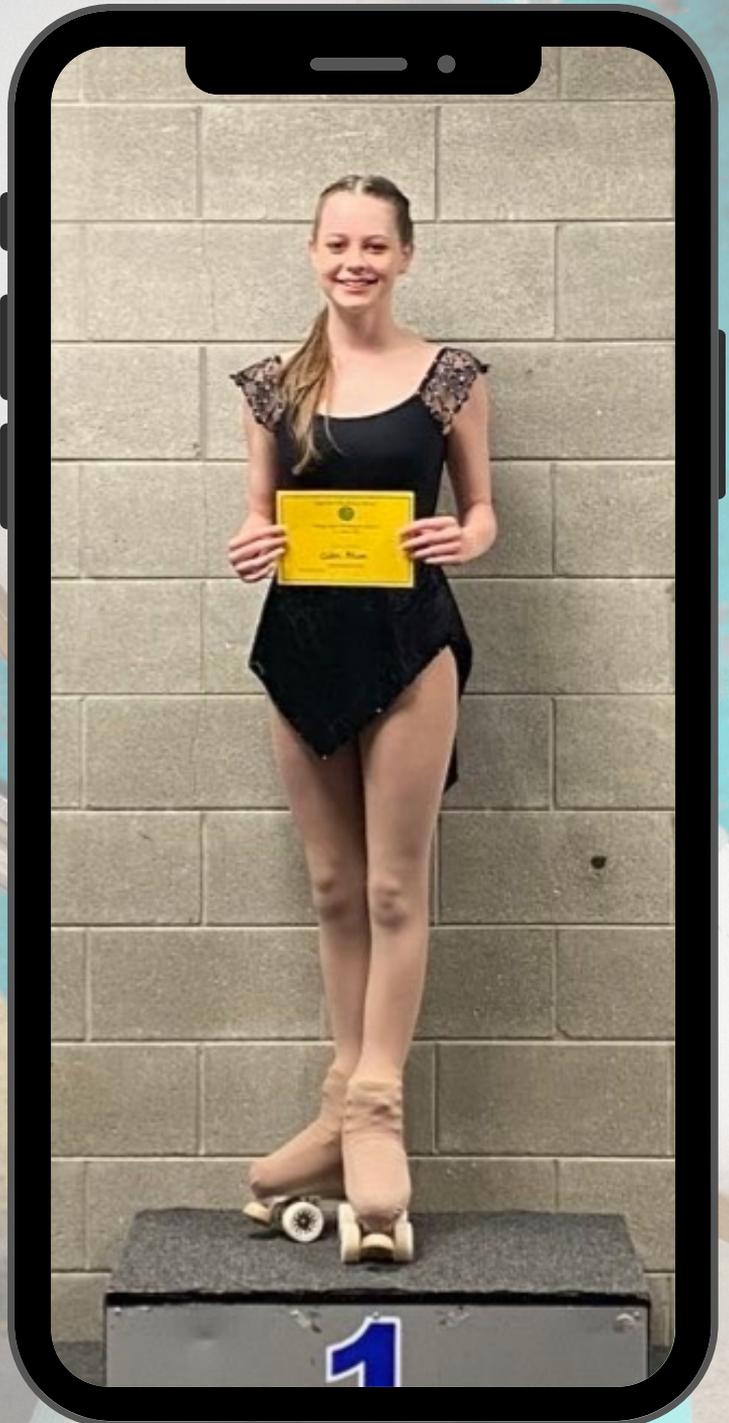
MEDICAL RESEARCH  
**INSTITUTE**  
OF NEW ZEALAND

 **cure kids**

# CONGRATULATIONS CAITLIN!

The Upper Hutt  
Roller Skating Club  
hosted the CSW  
event on March 3-  
5, Caitlin won three  
events including:

Junior Solo Dance  
Open Figures  
Open Mini  
Precision.



# HIRE OUR FACILITIES!



**Te Whanau Tahī Marae**  
**\$350 per night**

**School Hall from**  
**\$60 per hour &**  
**Student Kitchen**  
**\$50 per hour**



Enquire today: [admin@naenae-college.school.nz](mailto:admin@naenae-college.school.nz)