

# Year 10 Options 2026



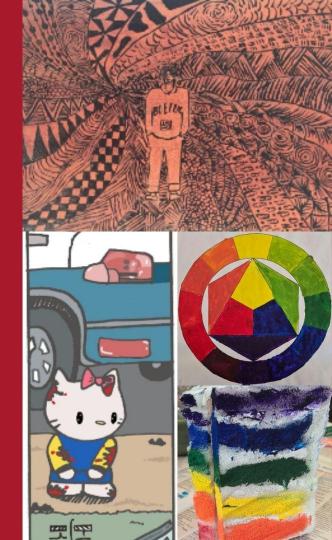
# Ready to choose your options for next year?

This resource is designed to help you understand the options available at Naenae College for Year 10 students.

Some of these options are the building blocks for future subjects you can take in NCEA Level 1 and beyond.

You want to ensure you choose subjects that connect to your interests, skills, and possible pathways after college. Choosing subjects based on what your friends are doing might not be a wise choice.

If you wish to talk to someone about your options, you can speak to the teachers of these subjects.



## **Year 10 Options Timetable Structure**

Year 10 students will do four half-year courses. This is an example of how option classes are structured for all Year 10 students. There are no compulsory courses for options like in Year 9.



## **Year 10 Option Subjects**

Read each course description on the following slides, then select your options in **SchoolBridge.** Your LAR teacher can show you how.

- Art
- Business Studies
- Design
- Digital Technologies
- Drama
- Entertainment and Events
  Technologies
- Food Technology
- Gagana Sāmoa

- Hard Materials Technology
- High Performance Sports
- Japanese
- Media Studies
- Music
- Photography
- Services Academy
- STEM
- Te Ao Māori



#### Art

This course aims to develop and extend practical art-making skills introduced in Year 9. Students will explore wet and dry media techniques to produce tone through mark-making using watercolour, Indian ink, paint, and other dry media. They will also explore their identity through cultural and personal imagery, using skateboard art as a way to tell their story.

- Use marking-making and blending techniques effectively.
- Apply brush and wet media, and understand the effects of dark vs. light tones.
- Brainstorm and understand image representation, including iconography and symbolism.
- Understand the art-making process and practice patience as it takes time to improve.
- Produce balanced compositions in our artwork.



## **Business Studies**

This course introduces the knowledge and skills needed for entrepreneurship and financial responsibility. Students will learn how financial systems work in our society and how to use them to their advantage. They will also have the opportunity to earn NCEA credits by completing a Level 1 Commerce standard.

- Understand key economic concepts like needs and wants, factors of production, market research, and taxation.
- Manage money by learning about different types of income, foreign exchange, and budgeting skills.
- Work as a team to create a business, from developing an idea and business plan to doing market research.
- Use economic analysis to make judgments about financial decisions and how they affect our communities.
- Learn about consumer law and organisations, and how they protect people's rights as consumers.



## Design

This course enables students to explore design and create digital artworks. You will learn a range of Photoshop and Illustrator skills to develop artwork and learn about visual communication through various ideas, themes, and briefs.

Students who wish to take Year 11 Design must complete this course. If you would like to do a **full year of Digital Art**, you should also choose Photography as your second junior option (highly recommended).

- Use a digital camera, scan and digitise drawings, and work with digital drawing tablets.
- Understand copyright and build a personal image library of textures and photos for future projects.
- Follow the design process from reading and creating briefs to researching, sketching, and developing ideas.
- Create final artworks that solve creative design challenges.
- · Design projects such as logos, magazine covers, and
- other visual design tasks.



## **Digital Technologies**

We use Digital Technologies in work, play and to create new "stuff" for others to use. Students will use various software applications to design, develop and test various digital outcomes. These include web pages, computer games / stories, animations and databases.

- Code a digital story/game using Scratch.
- Create web pages and animations.
- Manage data using a database.
- Being smart and safe on the internet.
- Understand how computers and digital data works.



### Drama

Year 10 Drama builds on the performance skills from Year 9. Students will develop creative thinking through scene studies and then use this knowledge to improve their storytelling skills in performances. Students will then be involved with an in class production, which they will perform to invited friends and whanau.

This subject ties in well with **Entertainment and Event Technologies**. If you would like to do a full year of theatre-related subjects, it is highly recommended that you also choose **Entertainment and Event Technologies** as your second junior option.

- Study a scene from a play and learn about themes, characters, setting, and the playwright.
- Apply Drama techniques, elements, and conventions through devised performance.
- Build on acting skills through scenes in a production.



## **Entertainment and Event Technologies**

This course is for students interested in theatre or film production and in designing or building event technology such as lighting, props, costumes, and makeup. It's perfect for hands-on learners who are creative thinkers, problem-solvers, and enjoy design, art, or theatre.

This subject ties in well with **Drama**. If you would like to do a full year of theatre-related subjects, it is highly recommended that you also choose Drama as your second junior option.

- Set up and connect lighting fixtures, use the lighting board, and plan or run a scene.
- Sew basic designs, use a sewing machine, and create a small project with these skills.
- Apply safe makeup practices, design a makeup look, and practise one event-style makeup technique.
- Experiment with different materials and tools to design and create a small project.



## **Food Technology**

This course will explore the food and cooking techniques of different cultures as a way to broaden the knowledge of learners understanding and skills in food and also as a way to reflect the multicultural character of the school. As well as increasing understanding of food safety, students will look at what fusion food is and then design and develop their own dish bringing together two cultures foods.

- Understand how different cultures have contributed to the food we eat in New Zealand.
- Develop new skills in the kitchen, understand key parts of a recipe and know how to work safely and independently.
- Develop initial ideas and produce a final product.
- Understand some of the factors that may affect foods.





## Gagana Sāmoa

This course is great for beginners or anyone wanting to build a strong foundation in Gagana Sāmoa. In Term 1, you'll learn the basics — the alphabet, pronunciation, vocabulary, and sentence structure. In Terms 2, 3, and 4, you'll explore Samoan legends and historical stories that help you grow confidence in reading, writing, listening, and speaking, while deepening your understanding of Samoan culture, values, and identity. This course is perfect preparation for Level 1 Gagana Sāmoa next year, and you can join even if you haven't taken it before.

- Extend our knowledge of Sāmoan vocabulary, grammar, and pronunciation.
- Explore Sāmoan culture, traditions, etiquette (customary practices), and ceremonies.
- Introduce yourself and share your fa'asinomaga (ancestral history and connections to specific places).
- Engage in extended conversations in Sāmoan.
- Develop the ability to read, write, and confidently present in Sāmoan.



## **Hard Materials Technology**

This course is about working with basic tools to create simple, attractive items for taking home. Students are taught to give things a try, to make mistakes and try again, learning as they go. Safe practice and perseverance are highly encouraged.

- Identify the names and uses of several carpentry tools.
- · Apply the skills and techniques necessary to mark out timber for cutting.
- Apply the skills and techniques necessary to cut several different wood joints accurately.
- Use tools safely and effectively.



## **High Performance Sports**

The Year 10 High Performance Sports course will look at different aspects that will prepare students for senior Physical Education studies. Topics covered will include functional anatomy, biomechanics, exercise physiology and application of movement strategies.

These topics will be applied in different contexts: ABL activities, fitness sessions and team sports.

- Understand how the body moves through functional anatomy.
- Apply biomechanics to improve movement and performance.
- Explore how the body works during exercise through exercise physiology.
- Use movement strategies to enhance physical performance and technique.



## **Japanese**

This course introduces you to up to two of the three Japanese writing systems — hiragana and katakana — and helps you build basic Japanese vocabulary and sentence patterns. You'll learn how to introduce yourself, talk about your whānau and whakapapa, and have simple conversations about topics like the weather and school life. In Year 10, you'll also get the chance to learn some basic kanji (Chinese characters).

- Read the Japanese alphabet by recognising symbols and matching them to their sounds.
- Speak by building and saying simple sentences in Japanese.
- Listen and understand everyday instructions and greetings in Japanese.
- Write short texts using the Japanese writing symbols we've learned.



## **Media Studies**

Year 10 Media Studies builds on the skills taught in Year 9 Media Studies. There is a focus on analysing the Dystopian film genre and relating it to our current society, as well as looking at video games as texts and as an industry. We will continue to look at misinformation and manipulation in the media and how it affects us. Creating media products is also a significant aspect of this course.

- Study the dystopian film genre and create a sweded film scene using real film production techniques.
- Explore the history of video games and design our own original game proposal.
- Understand the impact of misinformation, image manipulation, and AI in news and social media, especially how these affect young people.



## Music

Year 10 Music builds on skills learnt in the year 9 Music course. We will look at the basics of how music is created, written and performed in different styles. You will also receive itinerant group lessons in your chosen instrument, drums, guitar, bass, vocals or piano.

- Perform a song to the class (i.e. small group or individually)
- Compose music for a purpose (i.e. for a still image)
- Research and present a project on a musician or band.
- Develop our aural skills by analysing songs, scales and chords (major/minor) and intervals.
- Identify and describe music terms, symbols and basic notation.



## **Photography**

This course enables students to explore photography and create digital artworks. You will learn various camera and photography techniques, as well as Adobe Photoshop skills, to develop artwork and visually communicate your ideas.

Students who wish to take Year 11 Photography must complete this course. Alternatively, if you would like to do a full year of **Digital Art**, you should also **choose Design as your second junior option** (highly recommended).

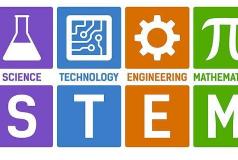
- Use a digital camera and plan photo shoots using photography conventions to tell a story.
- Take on a range of class photography challenges and projects.
- Use Adobe Photoshop and Lightroom, and manage and print digital files.
- Build the skills needed for Year 11 Design and Photography.



## **Services Academy**

The Services Academy is underpinned by a military philosophy of discipline and structured learning. It incorporates drill exercises, fitness and outdoor activities and provides students with opportunities for self-development and leadership. After completing this course students will have a solid base from which to continue with Services Academy at Year 11. Course leads on to Level 1 Services Academy.

- Recognize and effectively manage emotions.
- Actively contribute in team settings, such as drill.
- Foster a positive classroom engagement.
- Practice Whanaungatanga (Relationships) and Manaakitanga (Caring) by supporting peers and the school community.
- Maintain high attendance and work on boosting self-confidence and discipline.





## STEM (Science, Technology, Engineering and Mathematics)

This course lets you explore the exciting world of renewable energy, sustainability, and environmental solutions through both theory and hands-on projects. You'll learn about sustainable energy sources, biogas production, composting, solar energy systems, and ways to reduce waste and plastic pollution to help create a cleaner, greener future. By combining science, technology, and design, you'll use creative and critical thinking to develop real-world solutions to environmental challenges.

- Explore renewable energy and sustainability, using science and technology to find cleaner, greener solutions for the future.
- Carry out biogas experiments that turn kitchen waste into usable gas energy and see how this works in real life.
- Learn how composting turns food and garden waste into natural fertiliser to reduce waste and support healthy gardens.
- Investigate how solar panels work and compare on-grid and off-grid solar systems through hands-on mini projects.
- Build practical STEM skills in science, design, and environmental problem-solving to prepare for future studies in sustainability, engineering, or STEM.



## Te Ao Māori

Te Ao Māori means "the Māori world." In this course, you'll build on what you learned in Year 9 and grow your knowledge of te reo Māori, tikanga (customs), and Māori culture through group performances. We will learn Māori stories (pūrākau), explore cultural practices, and perform haka and waiata to understand their meanings. We'll also focus on improving your pronunciation, vocabulary, and sentence structure, while becoming more confident in speaking, listening, reading, and writing.

This course is open to everyone, even if you're new to te reo Māori or performing.

- Understand Te Ao Māori ("the Māori world"), tikanga (customs), and pūrākau (Māori stories).
- Build te reo Māori skills in speaking, listening, reading, and writing.
- Perform haka and waiata with confidence and understand their meanings.
- Explore how te reo Māori connects to identity and community.